

Dear Friends and Esteemed Colleagues,

The spectrum of plastic surgery is diverse and enormous. It is not possible to have a first-hand experience of the entire spectrum of work during the plastic surgery training. The aim of *Plastic Surgery Education* is to address this void in the teaching and learning process through surgical videos.

Plastic surgery education(<http://www.plasticsurgeryeducation.com>)offers a vast array of over 300 concise, clinically relevant videos that are both structured and highly curated. There are comprehensive video atlases on HNF reconstruction, Upper and Lower extremity flaps and procedures, Tendon transfers, Post burn reconstruction, Flap planning, Bio-Geometry of flaps, Whys in Plastic surgery and more! Whether you're a trainee or a practicing plastic surgeon, these resources are structured for maximum impact; with a regular top up of new videos!

Our video library offers a unique, structured approach, with flaps and techniques conveniently grouped by specific areas and procedures. For instance, exploring flap options for a particular area like for knee, thumb, fingers, nose, eyelid, etc is seamless, with all options in one place for easy overview.

Thinking of performing a flap like Reverse ALT or Propeller? or a procedure like tendon transfer or post burn reconstruction? Watch dedicated planning and operative videos for multiple flaps and procedures to maximize your surgical outcomes.

Preparing for academic presentations or case discussions? Dive into our Master Class and Lectures section for practical insights and commonly asked and discussed questions on multiple topics like PBC neck, scalp reconstruction, bed sores, lower limb defects and more.

Our videos are concise yet rich with content, offering the perfect blend of quick learning and detailed inputs to enhance your expertise and outcomes. Whether you're prepping for your next case or looking to prepare for exams, this portal ensures you stay a step ahead. Invest in your growth today and transform your surgical practice with this unique portal focussed on Plastic surgery education!

These video guides are some of the most realistic and practical resources available for trainees as well as practising plastic surgeons. Attached along with is the catalogue of contents for your perusal.

Catalogue of Contents

Comprehensive Video Atlas of Lower Extremity flaps

Free flap harvest	Thigh, Knee & Upper third leg defects	Middle third leg defects	Lower third leg defects	Pressure Sore
Free ALT flap	Reverse ALT Flap	Transposition flap	Distally based sural flap	Bilateral VY
Free RAFF	Propeller flap for knee defect	Soleus flap	Lateral calcaneal artery flap	
	Gastrocnemus myocutaneous flap	Keystone flap	Reverse Medial plantar artery flap	
	Gastrocnemus muscle flap	Proximally based sural flap	Propeller flap for ankle defect	
	Antromedial thigh perforator flap	Cross leg flap	Tendoachilles lengthening by Z plasty	
	Keystone flap for proximal tibia	Bipedicle flap	Reverse sural – Lateral approach	
		Split Tibialis Anterior Flap	Peroneus brevis flap	
			Supramalleolar flap	

Comprehensive Video Atlas of Flaps & Procedures for HNF region

Free flap harvest	Scalp	Ear	Eyelid	Nose/Sidewall/Composite	Cheek/Bucca l mucosa	Others
Free ALT flap	Transposition flap	TP fascia flap	Cutler beard flap	Forehead flap	PMMC flap	Macrostomia correction
Free RAFF	Trapezius flap	Antia Buch flap	Mustarde flap	Facial artery perforator flap	Submental flap	Tongue to lip adhesion
		Otoplasty	Tenzel flap	Nasolabial artery flap	Platysma flap	Torticollis
			Propeller flap	Large propeller flaps over face	Transverse forehead flap	Pharyngeal defect PMMC
			Modified Frickes flap		Nasolabial flap	Dimple creation surgery

Comprehensive Video Atlas of Upper extremity Flaps & Procedures

Free flap harvest	Flaps for arm, elbow & hand	Flaps for thumb defects	Flaps for finger defects	Distant pedicle flaps	Tenosynovitis	Others
ALT flap	LD muscle flap	FDMA flap (Bilobed)	VY neurovascular island flap	Groin flap	Adult trigger finger	Syndactyly
RAFF	LD myocutaneous flap	Dorsocubital/ Brunelli flap	Lateral VY flap	Abdominal flap	Pediatric trigger finger	Carpal tunnel release
	Brachioradialis flap	Dorsoradial forearm flap	Digital artery perforator flap		Dequervain's release	Dupuytren's contracture
	A. Interosseus artery perforator flap	Radial thenar flap	Ulnar digital artery perforator flap			Glomus tumour excision
	Ulnar artery-based propeller flap	FDMA for dorsal thumb defect	Reverse homodigital artery island flap			Needle aponeurotomy - Dupuytren's release
	Reverse radial artery forearm flap		Combined cross finger & Quaba flap			Anterior transposition of ulnar nerve
	Reverse lateral arm flap		Ulnar digital artery perforator flap			
			Cross finger flap			
			Thenar flap			
			Quaba flap			

Comprehensive Video Atlas of Planning & Case discussions in Plastic surgery

Free flap planning	Flap planning for HNF	Flap planning for upper extremity	Flap planning for lower extremity	Flaps planning - General	Case discussions
ALT flap	DP flap	FDMA flap	Transposition flap	7 mistakes of flap planning	Large knee defect
Latissimus dorsi flap	PMMC flap	PIA flap	Sural flap	Flap planning and flap territories!	Proximal leg defect with exposed implant
RAFF	Forehead flap for nasal reconstruction	RAFF	Propeller flap		Lower lid defect
	Designing skin paddle in PMMC flap	Designing skin paddle in RAFF	Reverse ALT flap		Upper lip defect
		Lateral arm flap	TFL flap		Middle third leg defect
			Pedicled ALT flap		M3rd-L3rd leg defect
			Fasciocutaneous flap – PTA axis		Propeller flaps
			Fasciocutaneous flap – Peroneal axis		Flaps for scalp
			Fasciocutaneous flap – ATA axis		Flaps for lower limb
			Medial plantar artery flap		

Master class on Post Burn Neck Contractures	Master class on Bio-Geometry of Flaps (How to plan & draw)
Anaesthesia for PBC neck	Double Opposing Z plasty
Classification	Four Flap Z plasty
Case presentation & discussion	Z plasty in series
How to mark true & apparent defect	6 Flap Z plasty
Vancouver score calculation & scar assessment	Bilobed flap
Operative video	Dufourmental flap
Case series with Outcomes	Limberg flap
How to give a Tie over dressing	Propeller flap
Unfavourable results – Tips to improve	Rotation flap
Splints	Transposition flap
Discussion – Preoperative considerations	VY flap
Discussion – Intraoperative considerations	W plasty
Discussion – Postoperative considerations	Geometric broken line closure
Prevention of neck contractures	Z plasty, W plasty & GBLC
	Advancement flap

Comprehensive Video Atlas of Tendon transfers	Comprehensive Video Atlas on Post Burn Reconstruction
Principles of tendon transfer	PBC Elbow release by Bipedicle flap
Lasso Procedure for Claw hand	PBC Axilla release by Subcutaneous Propeller flap
Brands Extensor to flexor many tailed tendon transfer using fascia lata extension	PBC Knee release
EIP to EPL transfer	PBC Finger release
Opponensplasty	Ulnar digital artery flap for little finger contracture
Tibialis posterior tendon transfer for foot drop	Retrograde advancement flap for little finger contracture
Half FPL transfer	Multiple burn contractures– Elbow, wrist and hand: Single stage release
	PBC Axilla release– Square flap

Focussed topics- Elaborate Discussions

All About Pressure Sores

All about Radial artery Forearm flap

All about Sural Flap

All about Fibula flap

All about Abdominal wall reconstruction

All about ALT flap

All about PMMC flap

In addition, lots of open access content is available on the portal including **Beyond the Knife- Candid Conversations** with Stalwarts in the field of plastic surgery.

To preview the content & watch before you subscribe, please click

<https://www.plasticsurgeryeducation.com/courses/PREVIEW-668e53e4124a9a4998dab15d>

If you find the contents valuable and wish to subscribe,

please click <https://www.plasticsurgeryeducation.com/courses/Extremity---HNF---Planning--Discussions-663a02470d69b94c0c505739>.

If you are looking for a regular dose of brain teasers and tricky clinical scenarios in plastic surgery & If you want to stay in the loop on fresh content, courses, conferences, and anything else related to plastic surgery education; Join the Plastic Surgery Education WhatsApp community here

<https://chat.whatsapp.com/BFouTR5Fw1NCQSIYdfFoF9>

For queries and feedback, and offers for residents, mail us at

academics@plasticsurgeryeducation.com

Welcome aboard to Plastic surgery Education.

Looking forward to sharing experiences and learning together.

Best regards,

Team

Plastic Surgery Education